

# Bleeding Hearts

Choreographed by Dan Albro (Feb. 11, 2019)

*Especially for: Saone Country 10th Anniversary February 2019*

Description: 56 count, Intermediate Pattern Partner Dance

Music: "**Bloodline**" by: Harper Grae

\* When dancing to **Bloodline**, 5th repetition: Dance 32 counts add 2 steps then continue with pattern.  
(man fwd R,L – lady back L,R)

Intro: 8 count intro, start with vocals

Start: Facing FLOD, Ladies outside, men inside, single hand hold.

Mans footwork described, ladies opposite except where noted.

- 1-8                    WALK, WALK, KICK BALL CHANGE, ROCK, REPLACE, ¼ SHUFFLE SIDE  
1,2,3&4            Step fwd R, step fwd L, kick fwd R, step back on ball of R, step fwd L  
5,6,7&8            Rock fwd R, replace weight on L, turn ¼ right stepping side R, step L next to R, step side R  
*HANDS:*            *Count 7: release ladies left & pick up ladies right in mans left.*
- 9-16                    ROCK, REPLACE, SHUFFLE SIDE, CROSS OVER, STEP SIDE, BEHIND, SIDE, OVER  
1,2,3&4            Cross rock L over R, replace weight on R, step side L, step R next to L, step side L  
5,6,7&8            Step R over L, step side L, step R behind L, step side L, step R over L  
*HANDS:*            *Count 3: pick up ladies left. Count 5: release ladies right & pick back up on Count 6.*
- 17-24                    TRAVELING FLOD SHUFFLE ¼ TURN, SHUFFLE ½ TURN, SHUFFLE BACK, ROCK, REPLACE  
1&2    Man            Turn ¼ left stepping fwd L into closed social position, step R next to L, step fwd L  
3&4                    Turn ¼ left stepping side R, step L next to R, turn ¼ left stepping back R  
5&6,7,8            Step back L, step R next to L, step back L, rock back R, replace weight L  
1&2    Lady            Turn ¼ left stepping side R in front of man(into closed social), step L next to R, step side R  
3&4                    Turn ¼ left stepping side L, step R next to L, turn ¼ left stepping fwd L  
5&6,7,8            Step fwd R, step L next to R, rock fwd R, rock fwd L, replace weight on R  
*HANDS:*            *Count 1: place mans right on ladies back – into closed social position.*
- 25-32                    ROCK, REPLACE, SHUFFLE, ROCK, REPLACE, SHUFFLE  
1,2,3&4            Rock fwd R, replace weight on L, step back R, step L next to R, step back R  
5,6,7&8            Rock back L, replace weight on R, step fwd L, step R next to L, step fwd L  
\* 5th repetition: Bonus steps (man fwd R,L – lady back L,R) then continue.
- 33-40                    (HE TURNS, SHE TURNS) STEP ½ TURN, SHUFFLE ½ TURN, ROCK, REPLACE, SHUFFLE FWD  
1,2,3    Man            Step fwd R, pivot ½ left (weight on L), turn ¼ left stepping side R  
&4                    Step L next to R, turn ¼ left stepping back R  
5,6,7&8            Rock back L, replace weight on R, step fwd L, step R next to L, step fwd L  
1,2,3&4 Lady        Rock back L, replace weight on R, step fwd L, step R next to L, step fwd L  
5,6,7                    Step fwd R, pivot ½ left (weight on L), turn ¼ left stepping side R  
&8                    Step L next to R, turn ¼ left stepping back R  
*HANDS*            *Drop hands on count 1, pick up both hands on count 8*
- 41-48                    ROCK, REPLACE, SHUFFLE ¼ TURN LEADING LADY OUT, TURN LADY, SHUFFLE FWD  
1,2,3&    Man            Rock fwd R, replace weight on L, step back R, turn ¼ left stepping side L  
4,5,6                    Step R next to L, turn ¼ left stepping fwd L (turning lady), step fwd R  
7&8                    Step fwd L, step R next to L, step fwd L  
1,2,3&    Lady            Rock back L, replace weight R, step fwd L step R next to L, step fwd L  
4,5,6                    Step fwd R, turn ½ right stepping back L, turn ¼ right stepping side R  
7&8                    Step L next to R, turn ¼ right stepping fwd R  
*HANDS:*            *Count 4: release ladies left. Count 6 release ladies right and pick up ladies left*
- 49-56                    STEP, LOCK, SHUFFLE FWD, STEP, LOCK, SHUFFLE FWD  
1,2,3&4            Step fwd R, cross lock L behind R, step fwd R, step L next to R, step fwd R  
5,6,7&8            Step fwd L, cross lock R behind L, step fwd L, step R next to L, step fwd L



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